



TRIAD

Upcoming Senior Presentations/Events Calendar July 2009



Date	Day	Time	Host Group	Location	Law Enforcement	Prevention	Presentation	Volunteers/Contact Info
July 7 th	Tuesday	10:00 A. M.- 11:30 A.M.	LIFE Senior Services	LIFE Senior Svcs. 5150 E. 31 st Street Tulsa, Oklahoma Parking on south side of building		Driving Safety at Any Age		FREE but you must register at 664-9000 Ext 241
July 14 th	Tuesday	1:45 P.M.		Drumright Senior Nutrition Center		Creek County Round Table		
July 15 th	Wednesday	10:00 A.M.		Greenwood Cultural Center		Tri County Council on Aging		
July 16 th	Thursday	10:00 A.M		Shidler Nutrition Center		Osage County Council on Aging		Pot Luck
July 21 st	Tuesday	6-8p	Alzheimer's Association, OK & AR Chapter	Warren Medical Building 6465 S. Yale Avenue Ste 312 Tulsa, Oklahoma	None	"Step by Step: Journey with Alzheimer's"	KEY to education & support dealing with Alzheimer's and Related Disorders	Admission is FREE , but space is limited! Registration, please call 918.481.7741 or outside Tulsa 800.272.3900
July 24 th	Thursday	10a-12p	Alzheimer's Association, OK & AR Chapter	Natalie Building 6475 S. Yale Avenue 4th Floor Conference Room Tulsa, Oklahoma	None	Caregivers Essentials Series Program	Personal Care: Bathing, Dressing, Mealtime, and Medication	Admission is FREE , but space is limited! Registration, please call 800.272.3900
July 24 th	Thursday	6-8p	Alzheimer's Association, OK & AR Chapter	Natalie Building 6475 S. Yale Avenue 4th Floor Conf. Room Tulsa, Oklahoma	None	Caregivers Essentials Series Program	Personal Care: Bathing, Dressing, Mealtime, and Medication	Admission is FREE , but space is limited! Registration, please call 800.272.3900

Go to www.tulsapolice.org for new events added weekly!

Updated 7/1/2009



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July 28 th	Tuesday	10:00 A. M.- 11:30 A.M.	LIFE Senior Services	LIFE Senior Svcs. 5150 E. 31 st Street Tulsa, Oklahoma Parking on south side of building		Easy and Nutritious Meals Through Freezing	Charlotte Richert, OSU Extension Office	FREE but you must register at 664-9000 Ext 241
July 28 th	Tuesday	9:30a – 4:00p	Tulsa Area Agency on Aging	111 S. Greenwood Ave. Tulsa, Oklahoma		Become a OMBUDSMAN VOLUNTEER	Advocate for people living in nursing homes, assisted living, or residential Care Facilities	Local LTC OMBUDSMAN Supervisors Sarah 596-7210 sstrecker@cityoftulsa.org Lesley 596-7685 lsmiley@cityoftulsa.org Loretta 596-7657 Lbailey@cityoftulsa.org
July 30 th	Thursday	9:30a – 4:00p	Tulsa Area Agency on Aging	111 S. Greenwood Ave. Tulsa, Oklahoma		Become a OMBUDSMAN VOLUNTEER	Advocate for people living in nursing homes, assisted living, or residential Care Facilities	Local LTC OMBUDSMAN Supervisors Sarah 596-7210 sstrecker@cityoftulsa.org Lesley 596-7685 lsmiley@cityoftulsa.org Loretta 596-7657 Lbailey@cityoftulsa.org
July 30 th	Thursday	9:00 A.M. to 3:50 P.M.		TU Allen Chapman Activity Center 440 S Gary Tulsa		Oklahoma Insurance Department 2009 Senior Summit	Focus on Long Term Care	\$20 6hours of CEU's \$40